

# TEAM MANAGERS HANDBOOK



Thank you for volunteering to be a Team  
Manager/Coach

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# WELCOME

## TO FLOORBALL



Floorball is a fast and exciting game similar to hockey that promotes end-to-end plays with quick transitions and fluid game play.

The rules stress the importance of safety and sportsmanship and are designed to limit the chance of injury without decreasing the speed or skill of the game.

Games are played on Mondays from 3.50pm - 6.30pm at Professionals Recreation Hall. Entry to the hall is the back entrance of Whirinaki Whare Taonga next to the H2O Xtream Pool on the Corner of Brown and Blenheim Street.

# FLOORBALL RULES

- Games are 2 x 10min halves, the refs will provide a 2-minute warning before the game is to start to ensure teams are ready on the court to start play. Teams should be arriving 10 minutes prior to the game time.
- A team plays with one goalie and 3 field players in the rink. Except for years 3 & 4 they do not have set goalies – but rather have 4 field players, and can have a rotating goalie. Teams are able to play if they are ONE player short.
- A team can have up to 4 additional players on the side-line as subs and can be subbed on/off repeatedly, anytime during the game.
- Sticks for field players and helmets/knee pads for goalies are provided.
- The playing area is surrounded by a rink and the ball can be bounced off the sides. If the ball goes out of the rink, a free hit is awarded to the other team.
- A free hit must always be hit, not pushed or flicked.
- Both sides of the blade/stick can be used to play the ball.
- For Primary School leagues the goals are placed approx 2m inside from the back line and play continues behind the goal.
- For Intermediate School leagues the goals are placed approx 1m inside from the back line and play continues behind the goal.
- There is no offside, and goals can be scored from anywhere.

# FLOORBALL RULES

- The goalie plays without a stick and can use their hands to catch/block the ball, provided they are touching the area within the goalie box.
- Field players or sticks are not allowed in the goalie box and cannot play the ball while it is in the goalie box. Only the goalie is allowed within the goal box.
- The goalie must not hold on to the ball for more than 3 seconds. When throwing the ball, it must hit the floor before passing halfway. A goal can't be scored from a thrown ball.
- Players can stop the ball with their feet, but can't touch the ball consecutively with their feet. Players can pass with feet, but cannot score.
- The ball must not be played with the hands or head of players (except the goalie).
- The blade/stick must not be raised above waist level.
- No form of pushing or physically tackling another player is allowed.
- You are not allowed to jump and play the ball at the same time.
- You are not allowed to put the stick between the opponent's legs or hit their stick.
- After a foul, when a free hit is awarded to the other team (defending team), needs to be 3m away from where the ball is placed, including sticks. Free hits can be a pass or a direct shot at the goal.

# FLOORBALL RULES

- To start a game, one player from each team stands opposite each other in the middle of the court. The sticks are placed next to each other on the ground, with the ball placed in the middle. Blades must point straight to the opposing goal and players must stand square. When the referee blows the whistle, the two players both try to win the ball for their team. This is called a Face Off and is also used to restart the game after a goal has been scored.
- Overtime – in a semi-final or final a win/loss result **MUST** be recorded. In the instance of a draw at the full time whistle the game will be stopped, the game will be restarted from the middle of the court as if a new game or goal had been scored and a golden goal rule is applied. The first team to score after the restart is the winner.
- If a team is unable to field a full team, they may borrow a player from the opposing team or another team in the same division or a division below. The manager/coach of each team will need to discuss whether the results will stand, prior to the start of the game. If the managers/coaches cannot agree, then the team that is unable to field a full team forfeits the game. A social game may still be played.
- If a game commences after the scheduled start time, the game will be shortened at the referee's discretion. If after 5 minutes a team is not ready to play, that team will forfeit. If both teams are not ready to play after 5 minutes, the game will result in a draw.
- Interpretation of the rules is at the discretion of the competition manager and any decision shall be final. Any requests for dispensation to be put in writing to the competition manager for consideration.

# CODE OF CONDUCT

## Parents' Code of Behaviour

- Encourage participation by your children.
- Provide a model of good sportsmanship for your child to copy.
- Be courteous in your communication with players, teachers, team officials, game officials and parents from other teams.
- Encourage honest effort, skilled performance and team loyalty.
- Make new parents feel welcome on all occasions.
- Do not interfere with the conduct of any games.
- Do not approach game referees or officials, raise the issue with the team manager/coach for them to discuss with the referee or Floorball manager.

## Breach of the Code

A breach of this Code of Behaviour, in the opinion of team officials may result in your son/daughter being banned from the remainder of the game. The student's school will be notified and schools may decide to exclude your child from further participation in Inter-school Sport. The referee may ask a parent/spectator to leave in the case of persistent abuse of any officials or child and may suspend the game until this person leaves, and if the person will not leave, the game will be abandoned.

Further disciplinary action may be considered depending on the seriousness of the breach.

# CODE OF CONDUCT

## Spectators' Code of Behaviour

- Demonstrate appropriate social behaviour.
- Remember children play for enjoyment. Don't let your behaviour detract from their enjoyment.
- Let game officials conduct games without interference.
- Support skilled performances and team play with applause.
- Demonstrate respect for opposing players and their supporters.

## Breach of the Code

A breach of this Code of Behaviour, in the opinion of team officials may result in your son/daughter being banned from the remainder of the game. The student's school will be notified and schools may decide to exclude your child from further participation in Inter-school Sport. The referee may ask a parent/spectator to leave in the case of persistent abuse of any officials or child and may suspend the game until this person leaves, and if the person will not leave, the game will be abandoned.

Further disciplinary action may be considered depending on the seriousness of the breach.



# CODE OF CONDUCT

## Team Members Code of Behaviour

As a Team Member

- Compete by following conditions and rules of the game.
- Respect the Referee's decision.
- Control your temper – no criticism by word or gesture.
- Negative language should not be voiced.
- Work equally hard for yourself and your team – your team's performance will benefit and so will your own.
- Be a good sport. Encourage and support your own team members.
- Cooperate with your coach and teammates. Show respect for your opponents and their skills.
- Be friendly to all participants

## Breach of the Code

A breach of this Code of Behaviour, in the opinion of team officials may result in the player being banned from the remainder of the game. Parents and the student's school will be notified and further disciplinary action may be considered depending on the seriousness of the breach.

# ACTIVATION FLOORBALL

## **Information**

The floorball draw, results, rules and schedule are found on the Activation Floorball website. This is updated weekly, please familiarise yourself with this website.

## **Venue rules**

Floorball is prohibited from being played in the foyer of Whirinaki, along with other sports and games. Restricted areas inside the Rec Hall include climbing on/under the stack of chairs in the hall, and being underneath the stage.

## **Communications**

All communications will be sent out via the team managers email that is on the registration form. IF a team is needing to default the game, please call/text and/or email the competition manager who will contact the opposing school team via the contact details of the team manager.

## **Certificates**

Star of the Week certificates are provided to Team Managers/Coaches in the team manager pack. There are 12 provided, more can be available on request.

Teams that are placed 1st, receive a certificate and a trophy. The trophy is then engraved and returned to the winning school. Teams placed 2nd and 3rd will receive placing certificates, teams that place 4th and below in each division will receive a participation certificate on Finals night. All certificates are handed out to the manager/coach on the night.

# ACTIVATION FLOORBALL

**In the case of an emergency please follow the below guidelines.**

## **Earthquake - drop cover hold**

Then exit the building once the shaking has stopped. We can meet in the primary emergency assembly point in the carpark (marked #1 on the map below).

## **Fire**

When the alarm sounds, exit the building based on the managers instructions. The primary emergency assembly point is in the carpark (marked #1 on the map below), if this is inaccessible then the secondary meeting point is in front of the Civic building, exiting through the doors closest to Fergusson Drive (marked #2 on the map below). Staff will assist with directions to these emergency assembly points.

## **Medical event**

In case of an emergency medical event, could those with first aid training make themselves known to the manager.

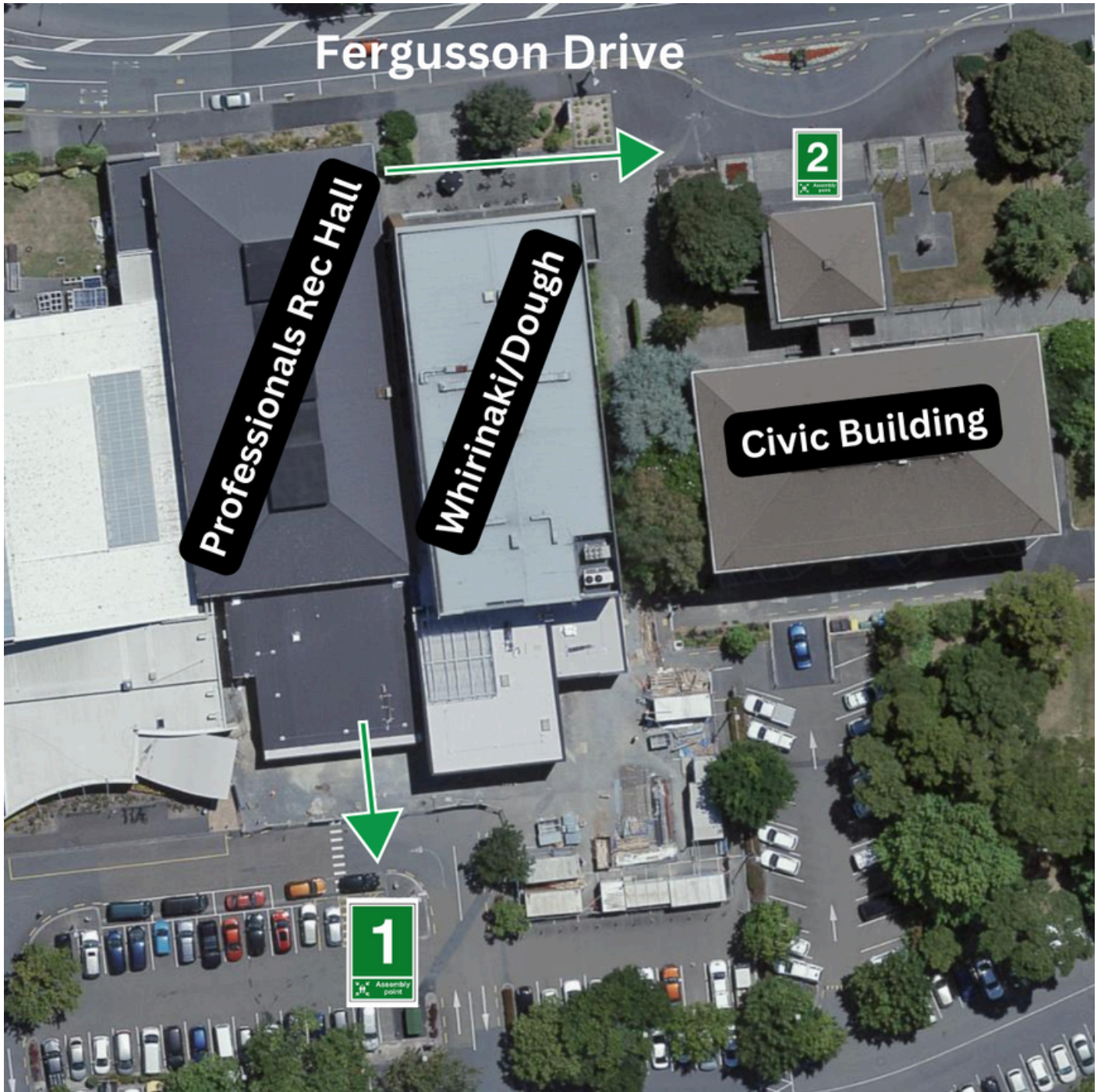
There are 2 AED locations -

1. In the reception area of Whirinaki/Dough. This is only accessible when Whirinaki/Dough is open.
2. In front of the Civic Building (#2 label on the map) next to the curved accessway and needs a code from 111 to access the AED.

## **First Aid**

A first aid kit is available onsite, the floorball manager is responsible for this and can administer first aid if required.

# ACTIVATION FLOORBALL



# THANK YOU



## OUR CONTACT DETAILS



<https://www.upperhuttcity.com/Sport-and-recreation/Activation/Floorball>



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