

Kia Ora.

A busy month which started with the Te Kupenga o Rongomai - Maidstone Sports Hub Community Celebration. I hear it was a great day, with lots on offer from the clubs, food vendors and also the entertainment. I hope you were able to go and check this out for yourselves.

March sees the opening of Junior Registrations, and the beginning of preseason winter code games. The weekends have become busy with senior games and registration days occurring most weekends.

I would also like to take this time to let you know that I have resigned from my position as Recreation Advisor, Clubs and Schools with Activation. I would like to convey my sincere gratitude for the privilege of working with clubs, schools, organisations and individuals in Upper Hutt. Being part of the Upper Hutt community and collaborating with you in various capacities with Activation has been truly rewarding.

Ehara tāku toa i te toa takitahi, engari he toa takitini - My strength is not as an individual, but as a collective.

Ngā manaakitanga.

Teresa Shailer - Recreation Advisor Clubs and Schools Activation, Upper Hutt City Council

New Zealand Sport and Recreation Awards 2024



The NZ Sport and Recreation Awards celebrate leadership in the sector and recognise outstanding contributions being made across the country to enhance people's lives through physical activity.

This year sees a new award – the Environmental Sustainability Award and we've combined the Community Impact Award to include all community initiatives from across the motu.

Now is your chance to make sure individuals and organisations you work with are recognised for their outstanding work at the awards ceremony on Monday, 24 June 2024 in Auckland.

Entries open on 1 March 2024 and nominations are easy to submit through the <u>Awards Portal.</u>

Key 2024 dates:

- Awards portal closes 22nd April 2024
- Finalists announced early June
- Awards evening Monday 24th June 2024

Please contact Ann Hill if you have any questions.

Understanding the Incorporated Societies Act Changes



Sport NZ has created an area on <u>their website</u> dedicated to Incorporated Societies resources. This includes:

- National, regional and club constitution templates
- Guidance notes on how to use the templates
- FAQs
- Compliance Checklist

RSOs and clubs are encouraged to contact their national organisation in the first instance but Sport NZ can also be contacted on <u>governance@sportnz.org.nz</u> if you have questions that your NSO can't answer.

Te Kupenga o Rongomai, Maidstone Sports Hub Community Celebration



The Upper Hutt community came together on Saturday for the muchanticipated community celebration of Te Kupenga o Rongomai – Maidstone Sports Hub.

The day began with a karakia and whakatau by Ōrongomai Marae before the community was invited to explore the state-of-the-art facility through a self-guided tour.

"It was an exceptional day for the community," says Mayor Wayne Guppy.

"Everyone enjoyed the vibrant atmosphere and celebrated the new hub. It promises to become a central gathering point for the Upper Hutt community."

A special thank you to all the clubs that participated in the day to make it such a successful event!

To read more about the day check out the Upper Hutt City Council News

Pre-Season Guidelines



For coaches and administrators, navigating the various considerations and demands of athletes, school staff, sports committees, clubs, and parents when overseeing the pre-season programme for your athletes/team can be a very complex environment.

Nuku Ora and the Wellington BiB Advisory Group have produced a guide that aims to empower you with the confidence and tools to work through the situations that can arise. It also gets you to think about everyone that is looking to trial for your particular team or sport and how you can get them involved in a meaningful way that meets their needs and capabilities.

Click here to access the "<u>Helping Navigate the Pre-Season Environment</u>" booklet (there are two versions, one for Coaches and one for Clubs and School Administrators).

Autumn U-Play



Discover an autumn filled with excitement and wonder for your children!

From captivating theatre performances like "**The Land of the Long Long Drive**" perfect for the whole family, to engaging **author's talk with Avril McDonald**, we've curated a lineup of free holiday events designed to spark creativity and joy in your tamariki and rangitahi. Let your tamariki and rangitahi glide into fun at our **roller disco** or battle it out in a shootout with **laser tag**. Unleash their artistic flair with hands-on activities like **hanging mobile crafts** and **story starter jars**. Plus, **teens** can join in the fun with a selection of **board games** just for them.

For more information on the U-Play events, check out the website

Trusthouse Grant



The Trust House Foundation is a respected, licensed Class 4 Gaming foundation.

Every year, they provide more than \$4 million in community gaming proceeds to fund community events and organisations through grants.

Application Due Dates 20th May 2024 8th July 2024 19th August 2024 21st October 2024

To see if your club/group are eligible, or to apply, check out their <u>website</u>.

A parent guide to child growth and development in sport



With another season of sport approaching, it is imperative that parents are part of their child's development journey in the sporting realm. A great read to share with the parents at this time, as well as growth and development impacting on children's sporting experiences, participation in sport can also impact on children's development. For instance, sport can foster a child's motor skills, and support their physical, psycho-social, and cognitive development.

Children's (athletic) development is driven by a combination of genetic and environmental factors. The genes a child is born with, the way in which they are raised, the experiences they have, and the environment they are exposed to will all impact on development. Consequently, not all children will develop in the same way and at the same time. Instead, children's development is often unpredictable, occurring at different times and in different ways.

Code of Integrity for Sport and Recreation



The Integrity Sport and Recreation Commission will be operational on 1 July 2024 and is expected to issue the Code of Integrity for Sport and Recreation soon after that.

The Code will be a key tool for enhancing integrity and will aim to increase safety and fairness in sport and recreation by setting consistent standards to prevent and address threats to integrity - including what is expected of participants and sport and recreation organisations.

A draft version of the Code has just been shared with a range of sector organisations to test and consider how it will work for them. This will help inform further development which will then be made available to the sector for review and feedback.

For more information check out the <u>website</u> for more details as well as the engagement and design journey.

Teresa Shailer Recreation Advisor - Clubs and Schools



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